

*‘Despite the best efforts of doctors, the patient survived’*

*-Ukrainian humor*

Hi Everyone!

Thank you for your interest in registering for my phleb class! This very popular 2-day phleb class has been sponsored at various universities throughout the country during the regular school year since 2001 and for several years by MEDLIFE at IU. I can drone on and on talking about how wonderful this class is – but it’s better to read the experiences from students and club officers just like you rather than from me! So, go ahead and check out the attached reviews. The reviews will also probably answer most questions. Here is an excerpt from a current medical student...

*“I got my phlebotomy certification from M.E.T. Services during the spring of my freshman year of college. Despite only having two full days of instruction, the class did a very good job of training me in the basic skills needed to perform venipuncture. The next year, I was able to get a job at Meriter Hospital as a phlebotomist, which I held for the next two and a half years. The skills that I learned and the clinical experiences that I gained were extremely valuable to my medical school application. **In fact, I would say taking the class was the single best thing I did as a pre-medical undergraduate student.**”*

**BRIEF INFO ON THE CLASS:** This 'phleb boot camp weekend' two-day class is intense and has been a super popular training class geared primarily for pre-med/DO/PA, pre-Dent, nursing and pre-health students, faculty and staff at a number of universities around the country. *This class is a prerequisite for the I.V./injection class.* Upon successful completion of the class, in addition to now having an incredible skill set that will be essential for you in your future health career, you will also receive your certification as a phlebotomist (yes, you can get a job with this certification :-)). This class has outstanding reviews, so I am sure you are going to thoroughly enjoy it - you will have a blast and learn many incredibly invaluable and essential high-caliber skills at the same time! In addition to providing training at various universities around the country, I have also trained phlebotomists for various States, County and private health agencies and research institutions. Many students have reported that it is one of the best classes they ever took as well as one of the most useful to have taken prior to their advanced schooling and medical careers. For all of you planning to pursue a career in the medical field, this class *is* and *looks* truly exceptional for your: advanced health education applications, throughout your advanced schooling (medical school, DO, PA school, nursing school, etc.); as well as for your future career in any branch of applied medicine. This class will potentially open up more impressive and fulfilling volunteer experiences at home and abroad which I recommend for you in order to stand out from the rest of the pack as well as potential employment opportunities all of which will be discussed at the optional discussion after the last day of class. Not only is this an indispensable class and you will become proficient in phlebotomy and receive your certification upon passing, but you will also understand the fundamentals of starting IV’s and other techniques you will use in other areas of your practice of medicine. Unbelievable as it is, you will only have brief training (about 1.5 hours’ worth) in most medical schools and PA schools and they will not instruct you in the finer points and principles of phlebotomy as you will *completely* receive in my class. And for those pursuing a nursing career, most nursing programs do not even provide phlebotomy training. You will also receive a comprehensive text that I have put together from several excellent sources as well as from my own experience. You will have to know this material for your health career so it gives you another head-

start and make you look sharp in the eyes of your future professors and fellow students! The class will cover the following topics in both lecture and your study materials:

- needle safety
- infection control/hazardous waste
- disease transmission and prevention controls (particularly relevant with the Covid Pandemic)
- venipuncture and skin puncture techniques
- syringe, vacutainer, butterfly and lancet methods
- collection and handling of specimens
- basic venous anatomy
- equipment selection
- laboratory terminology
- sterile procedures
- personal protective equipment (PPE)
- hand hygiene
- hazards/complications/pain reduction techniques
- hands-on live blood draws by you on your fellow students
- laboratory safety and Bloodborne Pathogens (OSHA) Standards

Once the official class has been completed, there is an optional discussion where we will discuss any of these topics you are interested in: IV placement, potential volunteer & job opportunities, and pointers on improving your odds of getting into med/DO school.

### **WHO MAY TAKE THE CLASS?**

The class is open to *all current and former students as well as faculty, staff, friends and family members* and there are neither prerequisites nor prior experience required. Registration is first-come, first-served with spots for 30 people and the class typically fills up quickly. Other (non-IU) students may also take the class but priority is given to IU affiliates.

### **SIGN-UP LIST/FUTURE CONTACT/PAID WAITLIST:**

If the class is filled or you just want to be contacted for a future class, you will automatically be kept on our contact list for a few semesters to notify you of an upcoming class so you can get first crack at registering. If the class is filled, you can also opt to sign up for the *paid wait list*. This is a priority list for spots that open due to cancellations. There are a limited number of paid wait list spots available. Check the '*paid wait list*' link for details.

**ADDITIONAL QUESTIONS.** If you have any additional questions about the class, please do not hesitate to contact the MEDLIFE class coordinator. As a secondary contact, you can also email me personally (the instructor of the class, Nick Perrotta). My travel/teaching schedule is very intense and I personally handle all my emails so I will get back to you as soon as possible, but if you do not hear from me in a few days, don't hesitate to bug me. **\*\*Note:** always include in your email subject line some identifier such as 'IU Phleb Class' so I know it isn't spam and which school class location you are inquiring about.

Please help us spread word about this class or send the attached email flier about the class to those you know who might be interested in taking it.

We look forward to your registration and having you in the upcoming class!

Sincerely,  
Nick Perrotta (Instructor, Secondary contact)  
[perrotta1@yahoo.com](mailto:perrotta1@yahoo.com)